

DATE: _____

Your Purpose and Passion is you at your very best! The following questions will help you to identify your personal skills, individual abilities and talents that make you who you are.

HOW TO RECOGNISE YOUR PERSONAL SKILLS

1

WHAT ACTIVITIES
DO YOU ENJOY
AND LOVE?

2

WHAT WOULD
YOUR FAMILY,
FRIENDS, WORK
COLLEAGUES &
CLIENTS SAY THAT
YOUR QUALITIES &
STRENGTHS ARE?

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HOW TO RECOGNISE YOUR PERSONAL SKILLS

3

DISTILL THE ELEMENTS FROM QUESTIONS 1 & 2 ON THE PREVIOUS PAGE AND EXTRACT THE 'KEY' WORDS

4

USE THOSE KEYWORDS TO IDENTIFY YOUR PERSONAL SKILLS

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HOW TO RECOGNISE YOUR PERSONAL SKILLS

5

REFINE YOUR
PERSONAL SKILLS
INTO YOUR BASIC
SENSE OF PURPOSE
AND PASSION

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6

REFINE THIS
FURTHER INTO A
DESCRIPTION THAT
TRULY SUMS UP
YOUR PURPOSE
AND PASSION

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