

YOUR BIGGER FUTURE™ LIFETIME SENSE OF PURPOSE

How to recognise your Personal Skills

1. What are the activities that you enjoy and love?

2. List your qualities and abilities as identified by others

3. Distill the elements from 1. and 2. above and extract key words

4. Use those key words to identify your Personal Skills

5. Refine your Personal Skills into your basic Sense of Purpose

6. Refine further into a description that truly sums up your Lifetime Sense of Purpose